Item#	Item Description	Ch 1	Ch 2	Ch 3	Ch 4	Ch 5	Ch 6	Ch 7	Ch 8
		Page	Page	Page	Page	Page	Page	Page	Page
Chapter 1	You Have Got to Be Done!	4							
	Sitting in the Durango Jail Cell	4	= =						
	Probation office	8	= =						
	I told Jennifer, "! Am Done!"	9	_						
	Let's Talk About It	10	_						
	Make a change, or die	10	_						
	Stepladder, Helicopter, 747 View	12	_						
	Previous successes	12	= =						
	One of Eight Steps Review		=						
	1. You have got to be done!								
Chapter 2	You Have to Get Uncomfortable and Take Action!		16						
	No games played at the rehab facility		16						
	Chuck Snell story		17						
	Dan Lovelace story		18	_					
	November 22, 1999 new adventure begins		19	_					
	Let's Talk About It		19	-					
	Zig Ziglar"Character		20						
	Talk is cheap		20						
	Taking Actions		20	-					
	Getting out of your comfort zone		21	_					
	Curved road		22						
	Parasailing Story with Claudia		23	-					
	Two of Eight Steps Review		26	-					
	1. You have got to be done!								
	2. You have to get uncomfortable and take action!								
Chapter 3	You Must Create the Wave of Momentum!			28					
	Dec. 22, 1999 completed 30 day in-patient rehab			28	-				
	Massive amonut of debt due list	-		28	-				
	For Rent story with Chuck Shell			29	•				
	I'm a friend of Bill W. says the judge			31	_				
	I'm not supposed to do this, his name is Richard			34	-				
	Let's Talk About It			35	_				

Item#	Item Description	Ch 1	Ch 2	Ch 3	Ch 4	Ch 5	Ch 6	Ch 7	Ch 8
	Getting sober for 30 days does not fix your issues			35					
	The world does not reward a decision			36					
	The world rewards action Talk is cheap			36					
	There are no failures just temporary setbacks			36	•				
	Series of stacked actions			38	-				
	Rick Oller says, "no blowouts just slow leaks"			39	•				
	Slow leaks a.k.a. loss of monentum			39	-				
	Don't bask too long in your victories			40	-				
	The game of life has a beginning and an end, so			40	-				
	don't act like you have forever.				-				
	Three of Eight Steps Review			40					
	1. You have got to be done!								
	2. You have to get uncomfortable and take action!								
	3. You must create the Wave of Momentum!								
Chapter 4	You Have to Prepare Now for What's Coming!				42				
	7:45 a.m. on my first day of work for Richard 3/2000				42				
	Claudia spoke up. "What's wrong?"				43				
	I finally said, "I'm scared."				43				
	Right there was where the talking ended				43				
	Rob worked for Richard 4.5 years				43				
	Rob purchased a motorized skateboard				44				
	book by Zig Ziglar called "See You At the Top".				44				
	Zig's book taught Rob, God don't make no junk"				44				
	Prayer to God take the cigarette smoking habit away				45				
	I've never smoked another cigarette since that prayer!				45				
	real estate with "no money down" by Carleton Sheets				45				
	purchase our first home with about \$1,200 out of pocket				46				
	Rob's father mentions a shop possible being for sale				46				
	Thanksgiving 2003 phone Rob, said "He's Ready."				47				
	Rob replied, "Who's ready?" The shop in Alpine, CA				47				
	Let's Talk About It				47				
	Preparation is what made this possible				47				
	Rob's sponsor explains the 10% rule		-		49				

Item#	Item Description	Ch 1	Ch 2	Ch 3	Ch 4	Ch 5	Ch 6	Ch 7	Ch 8
	"bend in the road"				49				
	"Are you the owner?"				50				
	"Who was that guy/gal?"				51				
	"It's easy to prepare, BUT it's easier not to!"				51				
	Four of Eight Steps Review				52	_			
	1. You have got to be done!					_			
	2. You have to get uncomfortable and take action!								
	3. You must create the Wave of Momentum!								
	4. You have to prepare now for what's coming!								
Chapter 5	You Must Be Open to the Unexpected!					54			
	I replied, "Dad, you can't be serious.					54	-		
	I immediately came up with excuse after excuse					54	="		
	Lord, if this is Your Will, let it be done, breathed prayer					55	="		
	We met with the owner to go through the details of the sale.					56	-		
	one problem: I didn't have any money!					56	-		
	Carleton Sheets course had prepared me for this conversation					56	-		
	Was I going to do it, or not?					57	•		
	I made the decision, for the future of my family, to "roll the dice"					59	-		
	Let's Talk About It					59	•		
	So sometimes we make plans and God laughs!					59	•		
	Opportunities do not wait for the perfect time					60	•		
	What an emotional time this was for me.					60	•		
	Success or failure was up to me.					61			
	Of course, it was still scary. Welcome to life!					62	•		
	"highway to the next level"					62			
	And you can do it today - take the action step today.					63			
	God uses the most unexpected messengers!					64			
	Five of Eight Steps Review					64			
	1 Vau hava gat ta ha danal								

- 1. You have got to be done!
- 2. You have to get uncomfortable and take action!
- 3. You must create the Wave of Momentum!
- 4. You have to prepare now for what's coming!
- 5. You must be open to the unexpected!

Item#	Item Description	Ch 1	Ch 2	Ch 3	Ch 4	Ch 5 Ch	6 Ch 7	Ch 8
Chapter 6	You Won't Always Feel Like You're Winning!					66		
	Time to tell Richard I was leaving, Richard celebrated the news!					66	_	
	off to California to start a new life as business owners.					67	_	
	New Year's Day 2004 final details of the business ownership					67		
	We had done it—the business was ours!					68	_	
	Little did we know that the real test was about to come					68		
	This is the test of our marriage, working together					68		
	Claudia and I were not "yoked alike" spiritually at the time					69	_	
	But, fat chance, NEVER EVER					69		
	I want to take a step back in time to the fall of 2003					70		
	Renewing our vows and premarital counceling with Rick Oller					71		
	Then six months of completing our private counseling					73	_	
	Marriage Encounter weekend plus marriage-focused Home Group					73		
	Each of these steps were a very important building block					73		
	in enabling us to rebuild our relationship and become the team							
	we are today. The Hand of God knew this had to be fixed							
	Let's Talk About It					74		
	Two things that are the true tests of the strength of any marriage					74	_	
	Jim Rohn's analogy of four seasons					75	_	
	The Law of the Harvest says, you will receive what you deserve					78	_	
	One last note on the harvest: Don't apologize and don't complain!					78	_	
	So here are a few questions for you: Are you?					80	_	
	"I'm glad I did!" NOT "I wish I had!"					80	_	
	Six of Eight Steps Review					80		
	1. You have got to be done!							
	2. You have to get uncomfortable and take action!							
	3. You must create the Wave of Momentum!							
	4. You have to prepare now for what's coming!							
	5. You must be open to the unexpected!							
	6. You won't always feel like you're winning!							
Chapter 7	You Must Understand the Law of Exposure!						82	
	In 2007, while reading "Rich Dad Poor Dad" by Robert Kiyosaki						82	
	\$500 three day pitch, Claudia signed us up! (God bless that woman!)						82	_

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Item#	Item Description	Cn I	Ch Z	Cn 3	Cn 4	Cn 5	Ch 6		Ch 8
	In 2009, two years later, we were inducted into the school's "Hall of Fame"							82	•
	David Lindahl from RE Mentor, who teaches apartment house investing.							83	•
	In early 2010, we were flipping houses, acquiring rentals, and running our								
	auto repair shop, a motorcyle pulled in, Lord give me strength it was Joe.							84	i
	Joe and I did not blend well together, a technician worked for me in the past.							85	i
	Bob Bowen's Auto Service, in La Mesa, Bob was wanting to retire.							85	i
	God uses the most unexpected messengers!							85	-
	Bob was asking \$400,000 for the business. Deal was closed we had shop #2.							86	
	We finalized the deal on September 1, 2010.							87	
	Tragically, Bob Bowen passed away 16 days later, massive heart attack.							87	
	The next weeks and months that followed were difficult.							88	
	Let's Talk About It							88	
	some winters we have absolutely no control over.							88	•
	The Law of Exposure says, "What I expose myself to I shall become,"							88	•
	This law is as reliable as the Law of Gravity!							88	•
	Don't get "faked out" into believing							90	
	Countless others ride in the car with me each day, see the names listed							91	•
	Our self-talk is so important							92	
	What we tell ourselves every day, in every situation, really sets our destination							92	
	Set a goal to read a book each month, I dare you							93	•
	Seven of Eight Steps Review							94	•
	1. You have got to be done!								•
	2. You have to get uncomfortable and take action!								
	3. You must create the Wave of Momentum!								
	4. You have to prepare now for what's coming!								
	5. You must be open to the unexpected!								
	6. You won't always feel like you're winning!								
	7. You must understand the Law of Exposure!								
Chapter 8	You Won't Do It Alone!								96
	The next four years in business were uneventful.								96
	We had begun to get around multi-shop owners some having 40 plus shops								96
	That made me feal three locations seem easy.								96
	In January 2014, we were presented with an opportunity located in La Jolla, CA								97
			_		_				

Item Description	Ch 1	Ch 2	Ch 3	Ch 4	Ch 5	Ch 6	Ch 7	Ch 8
I could come up with 100 or more reasons why it didn't look good								97
In June of 2014, just six months later we opened for business								97
My arresting officer Dan Lovelace walks back into my life.								98
This "Divine Appointment" took place by the Grace of God								102
Driving home from the gym one day I decided to call my friend Jake								103
Anita and Marty enter my life								107
Let's Talk About It								110
There have been so many "flimsy reed" miracles that God has allowed me to								110
None of us is an island that's capable of achieving our goals and dreams								110
Show me a successful person who says they are "self-made"								110
Nobody does it alone as good as they do with a team of support.								111
"Why would you ever outgrow a member of your Power Team?"								111
A coach is an absolute must!								112
The difference between the tricycle and the 747!								114
Time stealers will always win.								114
Justice is getting what you deserve.								114
Mercy is not getting what you deserve.								114
Grace is getting what you don't even deserve.	_							114
Through the transforming power of Jesus Christ	_							116
I believe without God, there can be no true success!								116
Eight of Eight Steps Review								117

1. You have got to be done!

Item#

- 2. You have to get uncomfortable and take action!
- 3. You must create the Wave of Momentum!
- 4. You have to prepare now for what's coming!
- 5. You must be open to the unexpected!
- 6. You won't always feel like you're winning!
- 7. You must understand the Law of Exposure!
- 8. You won't do it alone!

RESOURCESTHEAUTHORRECOMMENDS

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The Bible

Item# Item Description

Ch1 Ch2 Ch3 Ch4 Ch5 Ch6 Ch7 Ch8

wondering where to begin to start. It is referred to as "The Sermon on the Mountain", and Jesus teaches us how to live our lives.

The Book of James – another favorite on how to live our lives.

Other Books

The Big Book of Alcoholics Anonymous

The Purpose Driven Life - by Rick Warren

The Purpose Driven Church - by Rick Warren

The Five Love Languages - by Gary Chapman

See You at The Top - by Zig Ziglar

Become a Better You - by Joel Osteen

Blessed in The Darkness - by Joel Osteen

Think Better Live Better - by Joel Osteen

I Declare - by Joel Osteen

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You Can You Will - by Joel Osteen

Acres of Diamonds - by Russell Conwell

Seasons of Life - by Jim Rohn

The Seven Habits of Highly Effective People - by David Covey

How to Win Friends and Influence People - by Dale Carnegie

The Power of Positive Thinking - by Norman Vincent Peale

The Richest Man in Babylon - by George Samuel Clason

The Magic of Thinking Big - by David J. Schwartz

The Compound Effect - by Darren Hardy

The Five Levels of Leadership - by John Maxwell

Awaken the Giant Within - by Tony Robbins

Getting Things Done - by David Allen

Build A Business, Not A Job - by David Finkel

Scale - by David Finkel

E Myth Revisited - by Michael E. Gerber

Timing the Real Estate Market - by Robert M. Campbell

Rich Dad, Poor Dad - by Robert Kiyosaki

Retire Young, Retire Rich - by Robert Kiyosaki

Rich Dads Guide to Investing - by Robert Kiyosaki

Cashflow Quadrant - by Robert Kiyosaki

Maui Mastermind - Business Development Education and Coaching

Item#	Item Description	Ch 1	Ch 2	Ch 3	Ch 4	Ch 5	Ch 6	Ch 7	Ch 8
	Money, Master the Game - by Tony Robbins								
	The Wealth Code - by George Antone								
	The Art of The Deal - by Donald Trump								
	Be My Guest - by Conrad Hilton								
	CD SETS								120
	Carleton Sheets - No Money Down Payment – Real Estate Home Study Course								
	Jim Rohn - The Art of Exceptional Living								
	Jim Rohn - Leadership Weekend 2004								
	Education Resources								120
	Wealth Intelligence Academy – Real Estate Education and Coaching								
	RE Mentor – Apartment House Investing Education and Coaching								